**COMMUNICABLE DISEASE PREVENTION PLAN**

1. **UNDERSTAND THE RISK**

The Board will monitor and review communicable disease-related information issued by our regional and provincial health officers as related to Fort Canoe and Kayak Club. This includes orders, guidance, notices and recommendations issued by a medical health officer or provincial health officer, as well as recommendations and policies from appropriate organizations, such as Township of Langley, Bedford Channel Society, Canoe Kayak Canada, Canoe Kayak BC, and ViaSport.

1. **IMPLEMENT MEASURES, PRACTICES, AND POLICIES TO REDUCE THE RISK**

**Ongoing measures to be maintained at all times:**

* 1. Mask wearing is recommended in indoor public spaces (e.g., ATC and basement) for all people 12 and older who are not yet fully vaccinated. (Fully vaccinated means 14 days after receiving your second dose but no proof of vaccine required.)
  2. Do not come to work or practice if you are sick and please arrange to leave work or practice if you become sick (e.g., fever and/or chills, recent onset of coughing, diarrhea). Those experiencing illness symptoms are required to follow public health recommendations regarding testing.
  3. Practice healthy hand hygiene, including regular hand washing and covering coughs and sneezes with your arm. All coaches, athletes, and participants are encouraged to wash hands or use hand sanitizer at the start of each session, prior to eating, and after using the washroom. Hand sanitizer will be available.
  4. Maintain a clean work/practice environment with daily washing of high touch surfaces by participants and/or coaches.
  5. When practicing indoors, ensure the facility has adequate ventilation (e.g., Athlete Training Centre and office, as managed by Bedford Channel Society, will have ventilation approved by the appropriate organizations prior to use).
  6. Employees and athletes will be encouraged to receive vaccinations for vaccine-preventable conditions. We will make it a priority to approve time off from work for vaccination appointments.

1. **COMMUNICATE MEASURES, PRACTICES, AND POLICIES**

Policies will be posted in the boathouse and on our website and emailed to all members.

1. **MONITOR YOUR WORKPLACE AND UPDATE YOUR PLAN AS NECESSARY**

In accordance with monitoring from step 1, policies will be changed as necessary.

Everyone, please, if you have any health and safety concerns, let us know.